



Where academia meets motherhood...

Overachiever Planner Tips

Supplies Needed

- Planner
- Post-it Notes (or the plan it sheet)
- Pens (Pilot G2 Overachievers are my favorite)
- Planner stickers (optional)
- Background Music (optional)

**“LESSON ONE: DITCH
THE DREAM. BE A DOER,
NOT A DREAMER.”
-Shonda Rhimes**

Planning for Overachievers

Step 1: Label a post-it with each day of the week or use the boxes on the next page.

Step 2: Write down everything you need to accomplish on each individual day. Don't forget important deadlines! (Helpful Tip: Plan out meals too)

Step 3 (optional): Add your decorative planner stickers

Step 4: Carefully write down everything you need to accomplish.

Step 5: GET IT DONE!!!

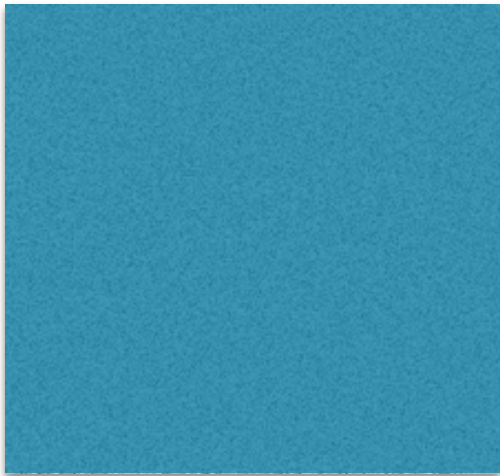
Step 6: Repeat steps 1-5 next week

**“A goal without a
plan is just a
wish.”**

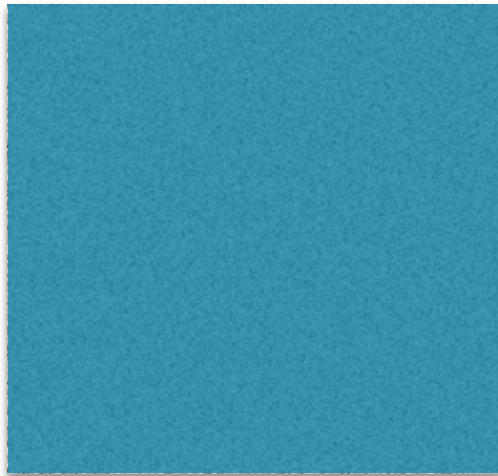
**- -Antoine de
Saint-Exupéry**

Plan Your Days

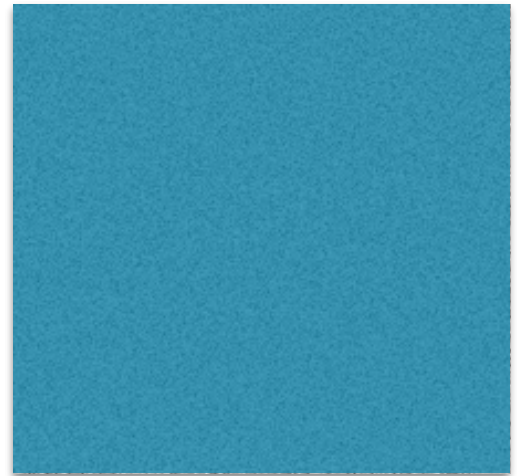
Monday



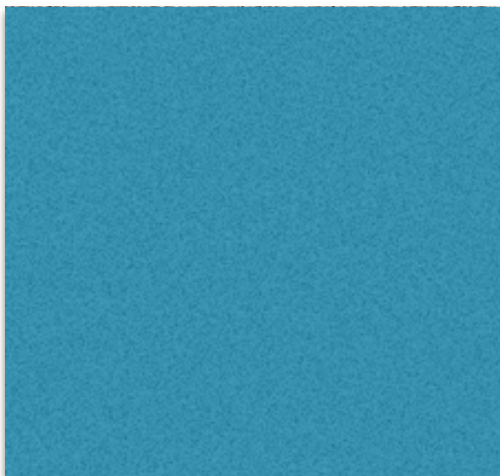
Tuesday



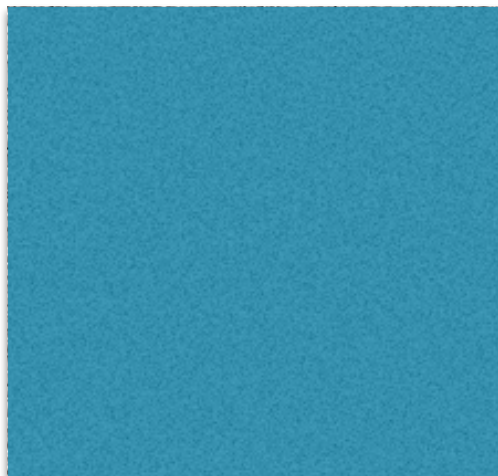
Wednesday



Thursday



Friday



Weekend

